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When considering orthodontic treatment for children, accelerated techniques offer several benefits that make them particularly appealing. One of the most significant advantages is the reduction in treatment time. Traditional orthodontic treatments can last several years, which can be a significant commitment for children. Accelerated orthodontics, on the other, can significantly cut down this duration, often achieving desired results in a matter of months. This rapid progress is especially beneficial for children who may be anxious about wearing braces for extended periods.

Early orthodontic evaluations are recommended around age seven **Kids' dental alignment services** physician.

Accelerated orthodontic techniques also enhance patient comfort. By using methods such as high-frequency vibrations or minimally invasive surgical procedures, these techniques can minimize discomfort during treatment. This is crucial for children, as reduced pain and discomfort can make the overall experience more pleasant and less stress-ful.

Aesthetic results are also an important consideration for children. Accelerated orthodontics often employs clear aligners or self-ligating braces, which are less noticeable than traditional metal braces. This can help maintain a child's confidence during treatment, as they do not have to deal with the visible appearance of conventional braces.

The benefits of accelerated orthodontics for children are not just about aesthetics and comfort; they also have long term health benefits. By aligning teeth more quickly, accelerated orthodontics can reduce the risk of dental issues such as tooth decay and gum disease, which are more likely to arise during extended treatment periods. This approach allows children to maintain better oral hygiene practices sooner, leading to healthier gums and teeth.

It is essential for children and their family to consult with an orthodontist to determine if accelerated techniques are suitable for their specific needs. While these methods offer many advantages, they may not be appropriate for all types of orthodontic issues. With the guidance of a professional, children can enjoy the benefits of accelerated orthodontics, achieving a beautiful smile in a shorter time while maintaining comfort and aesthetic results.

Early orthodontic intervention is a crucial step in addressing dental issues in children, and when combined with accelerated techniques, it can offer significant benefits. By identifying potential problems early, orthodontists can guide the growth and development of a child's jaw

and teeth, setting the foundation for a healthier smile in the future. This proactive approach not only helps prevent more complex issues but also reduces the likelihood of needing extensive treatments later on.

Accelerated techniques, such as accelerated orthodontics, are designed to reduce treatment times by promoting bone growth and tooth movement. When used in early intervention, these methods can be even more effective. They often involve procedures that stimulate bone growth, allowing teeth to move more quickly and reducing the overall treatment time. Techniques like the PROPEL System and AcceleDent System are popular for their efficiency and minimally invasive approaches. The PROPEL System involves minor surgical procedures to enhance bone growth, while the AcceleDent System relies on micro-pulses to stimulate the jaw and teeth.

The benefits of early intervention combined with accelerated techniques are clear. They not only reduce treatment times but also improve jaw alignment and chewing function. This can enhance a child's overall oral health and self-confidence. By addressing issues early, parents can avoid more invasive procedures later on, saving both time and money. It's important for parents to recognize signs of orthodontic issues, such as crowded teeth or bite problems, and to have their children's first orthodontic evaluation around the age of 7. This timely intervention ensures that any necessary treatments can be done when they are most effective, leading to a healthier and more stable dental foundation for the future.

## **\*\*The HealthyStart System\*\***

The field of orthodontics has evolved significantly with the introduction of accelerated techniques, which aim to expedite tooth movement and reduce treatment times. These innovative methods often involve specialized appliances or devices that stimulate bone growth around the teeth, allowing for faster and more efficient results.

One of the most effective techniques in accelerated orthodontics is the use of vibration therapy. Systems like AcceleDent utilize high-frequency vibration to enhance bone remodeling, which is crucial for tooth movement. This non-surgical approach is not only effective but also comfortable for patients, as it can be used at home without disrupting daily routine. VPro5 is a similar device that offers convenience and speed in achieving desired

orthodontic outcomes.

Surgical techniques also form a significant section of accelerated orthodontics. Corticotomy-assisted orthodontics, for example, involves a minimally invasive procedure where the jawbone is reshaping to facilitate faster tooth movement. This method is typically reserved for more complex cases where traditional orthodontic treatment would be time and results are needed quickly. The Wilckodontics approach is a form of corticotomy that has been used effectively to expedite orthodontic treatment.

The use of laser therapy is also a promising technique in accelerated orthodontics. Light-accelerated orthodontics ( LAO) involves the use of low-intensity infrared light to stimulate bone around the roots of the teeth, which can accelerate tooth movement by up to 32% in some cases. This method is not only effective but also safe and can be used in conjunction with other orthodontic appliances.

While these techniques have shown promising results in reducing treatment time and improving patient comfort, it is crucial to carefully assess each patient's individual needs and consider the potential risks associated with accelerated orthodontic treatment. A thorough evaluation by an orthodontist is essential to determine the most suitable approach for each patient.

The benefits of accelerated orthodontics are clear: reduced treatment time, fewer orthodontic visits, and enhanced patient comfort. However, it is important to maintain a focus on long-term stability and efficacy to achieve lasting and successful results. By combining innovative techniques with traditional orthodontic methods, patients can now achieve their desired smile in a significantly shorter period than ever before.





**This non-invasive approach targets the natural development of children's teeth and jaw, using soft**

# dental appliances to align teeth and address breathing issues, reducing the need for more invasive treatments.

When it involves the **Potential for Customization** in accelerated orthodontic treatments, these advanced methods offer a tailored approach to address specific dental issues in children. This includes common problems such as crowding, underbites, or overbites. The ability to adjust these treatments to individual needs is a significant benefit, ensuring that each child's unique dental issues are properly and safely improved.

Accelerated orthodontics can be customized by using various techniques and appliances in combination with traditional braces. For example, devices like **AcceleDent Aura** apply micropulses to enhance tooth movement, while other methods may include minor surgical intervention to stimulate bone growth, making it possible for teeth to move more quickly into their desired positions. This not only shortens the treatment time but also allows for a more precise alignment of the teeth, which is especially important for children with specific dental needs.

One of the most significant benefits of customized accelerated orthodontics is the ability to address a wide range of dental issues. For children with overbites or underbites, orthodontic treatment can be tailored to improve both the function and appearance of their smile. By addressing these issues early, children can benefit from improved oral health, enhanced facial aesthetics, and a reduced need for more extensive treatments later in their development.

This approach also allows orthodontists to consider the child's overall health and development when creating a treatment. Early intervention can prevent dental problems from worsening over time and can have psychological benefits by improving self-esteem and confidence. In short, the potential for customized accelerated orthodontics makes it a more appealing and effective treatment for children with specific dental needs, ensuring that each child's treatment is optimized for their unique dental and health conditions.

# **\*\*Myobrace: A No-Braces Approach\*\***

When considering accelerated orthodontic treatment for children, it's crucial to assess whether this approach is necessary or if traditional methods might be more appropriate. The potential for over- or under-treatment is a significant factor in this decision-making process. Over-treatment can lead to complications such as tooth sensitivity, increased discomfort, and even long-term aesthetic issues if not properly aligning the teeth or jaw. On the other side, under-treatment may result in less than optimal alignment, which can affect both the function and appearance of the teeth.

Accelerated orthodontics, while offering faster results, may not be suitable for all cases, especially those with severe malocclusions or underlying oral health issues. For example, techniques like Propel and AcceleDent, which stimulate bone remodeling to expedite tooth movement, are effective but may not be ideal for every child. Factors such as age, the complexity of the orthodontic condition, and overall health play a significant role in this decision.

In cases where accelerated orthodontics is deemed suitable, developing an individualized treatment plan is vital. This involves a thorough evaluation of the child's teeth and bite alignment to ensure that the treatment is both effective and comfortable. However, for severe cases, traditional methods might still be the best option to ensure optimal alignment and long-term stability.

It's also important to consider the lifestyle and compliance of the child. Accelerated orthodontics often requires more regular follow-up appointments and a strict oral hygiene routine, which may not be suitable for all children. Additionally, the cost of accelerated orthodontics can vary, and while it may be more cost-effective in the long run due to reduced treatment time, it often requires out-of-patients costs as most insurance plans do not cover this form of treatment.

In the end, the decision to use accelerated orthodontics should be made in open communication with an orthodontist to ensure that the treatment aligns with the child's needs and health goals, and to minimize the risks of over- or under-treatment. By carefully evaluating these factors, children can achieve the desired outcomes without compromising their long-term dental health or aesthetic appearance.



# **Myobrace offers a brace-free solution that corrects poor oral habits, guiding jaw and teeth alignment development in children, promoting natural growth and oral health.**

When it come to accelerated orthodontic techniques, follow-up and monitoring are crucial for ensuring the effectiveness and success of the treatment. Monitoring tooth movement and jaw development throughout the treatment process allows orthodontic clinicians to make necessary adjustments to the treatment plan. This proactive approach is essential for several critical considerations.

Accelerated orthodontics involves using various methods to enhance tooth movement, such as surgical corticotomy, low-level laser therapy, and micro-vibrations from removable mouthpiece appliances like AcceleDent or VPro5[1][3]. While these techniques can significantly reduce treatment time, they also require precise monitoring to prevent complications. For example, if tooth movement is not aligning as expected, adjustments to the forces or techniques used may be necessary to achieve the desired results.

In surgical methods like corticotomy, monitoring is particularly important as it involves reshaping the jawbone to stimulate faster tooth movement[1][4]. This requires regular check-ups to ensure that the bone is remodeling as expected and that the teeth are moving into their desired positions without causing any discomfort or complications.

In non-surgical methods, such as low-level laser therapy or micro-vibrations, monitoring helps in ensuring that the treatment is effective and comfortable for the patient. It allows clinicians to assess if the tooth movement is accelerated as intended and if any adjustments are needed to maintain patient comfort and prevent potential issues like tooth wear or gum irritation.

Follow-up visits also provide an important role in maintaining overall oral health. Regular assessments can help identify early signs of dental issues such as cavities or gum disease, which are crucial for maintaining the long term success of orthodontic treatment[2]. By prioritizing follow-up care, patients can ensure that their accelerated orthodontic treatment not only results in a faster smile but also in a healthy and beautiful one that endures over time.

In practice, this monitoring involves regular appointments with the orthodontist to assess tooth alignment, jaw harmony, and overall oral health. It is during these visits that any necessary adjustments to retainers or additional treatments can be recommended to prevent relapse and maintain the desired outcomes[2]. By combining these monitoring visits with the accelerated techniques, patients can enjoy the benefits of faster treatment while ensuring that their results are both effective and long term.

## **\*\*Comprehensive Orthodontic Solutions\*\***

Accelerated orthodontic treatments have emerged as a revolutionary approach in the dental world, offering the potential for significantly reduced treatment times while maintaining the goal of achieving long-term results. This method is particularly appealing to individuals seeking a quicker way to improve their smile without the extended commitment traditionally associated with orthodontic care. However, it is crucial to consider the potential post-treatment outcomes, as these can vary based on individual dental structure and the specific techniques used.

The effectiveness of accelerated orthodontics can be influenced by several factors, such as the type of malocclusion, the age of the patient, and the specific accelerated method used. Techniques like AcceleDent and Propel orthodontics are designed to enhance tooth movement through micro-vibrations or minor surgical adjustments, potentially reducing treatment time by half or more. While these methods can offer rapid visible changes and enhance patient motivation, they also require a thorough post-treatment evaluation to assess the final results and address any potential issues.

A key factor in achieving successful post-treatment results is the patient's compliance with the treatment plan. This includes consistent use of orthodontic devices and adherence to scheduled appointments. Post-treatment care is also essential, as it involves wearing retainers to maintain the new alignment of the teeth and prevent relapse. The use of retainers is a critical step in ensuring that the accelerated orthodontic treatment does not lead to a rapid shift back to the original tooth positions.

It is also important to note that accelerated orthodontics may not be appropriate for all patients. The decision to use these techniques should be made in consultation with an orthodontic specialist, who can assess the individual's dental needs and determine the most effective approach. This consultation is crucial for ensuring that the treatment aligns with the patient's unique dental structure and orthodontic needs, providing the best possible outcomes.

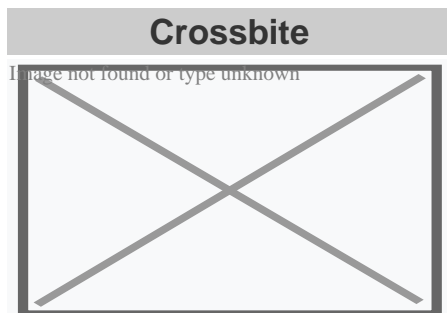
Accelerated orthodontics offers a significant advantage in reducing treatment time, but it is essential to have realistic expectations about the final results. The success of the treatment depends on a combination of the technique used, patient compliance, and post-treatment care. As such, accelerated orthodontics can be a beneficial option for those seeking a faster and effective way to achieve a straighter smile, but it must be accompanied by a thorough evaluation and follow-up to ensure optimal long-term results.

When it comes to accelerated orthodontics, one of the most significant advantages is the potential to significantly reduce treatment time. Traditional orthodontic treatments often last several months to a few years, but accelerated methods can achieve similar results in a much shorter timeframe, often cutting the duration by half or more<sup>[1][2]</sup>. This can be particularly appealing to individuals with busy schedules or those preparing for special events, as it provides a quicker way to improve their smile and boost self-confidence<sup>[1][3]</sup>. However, it's crucial to understand that the overall results can vary based on the individual's specific dental needs and the techniques used.

The techniques used in accelerated orthodontics include non-surgical and surgical methods, often in combination with traditional braces or clear aligners<sup>[4]</sup>. For example, OrthoPulse uses low-intensity infrared light to activate bone around the teeth, while AcceleDent Aura utilizes

SoftPulse Technology to speed up tooth movement[3][5]. These methods not only reduce treatment time but can also make the process more comfortable by using gentler forces and reducing the need for frequent adjustments[2][4]. However, it's important for patients and their orthodontists to have a clear alignment on what can be achieved with these methods, as not everyone may be a suitable candidate due to existing dental issues or other health concerns[4][5]. In some cases, accelerated orthodontics may not be suitable for individuals with severe malocclusion or gum issues, and there can be potential risks such as increased risk of infection or root resorption[4]. As such, a comprehensive dental plan and patient provider alignment are essential to ensuring that the treatment is effective and suitable for the individual's needs.

### About crossbite



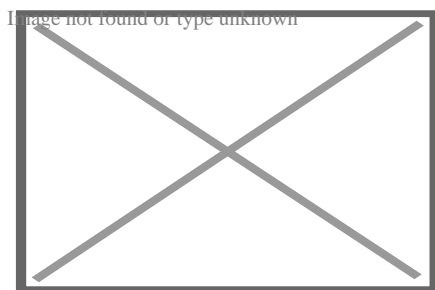
Unilateral posterior crossbite

**Specialty** Orthodontics

In dentistry, **crossbite** is a form of malocclusion where a tooth (or teeth) has a more buccal or lingual position (that is, the tooth is either closer to the cheek or to the tongue) than its corresponding antagonist tooth in the upper or lower dental arch. In other words, crossbite is a lateral misalignment of the dental arches.[1][2]

### Anterior crossbite

[edit]



Class 1 with anterior crossbite

An anterior crossbite can be referred as negative overjet, and is typical of class III skeletal relations (prognathism).

### **Primary/mixed dentitions**

[edit]

An anterior crossbite in a child with baby teeth or mixed dentition may happen due to either dental misalignment or skeletal misalignment. Dental causes may be due to displacement of one or two teeth, where skeletal causes involve either mandibular hyperplasia, maxillary hypoplasia or combination of both.

### **Dental crossbite**

[edit]

An anterior crossbite due to dental component involves displacement of either maxillary central or lateral incisors lingual to their original erupting positions. This may happen due to delayed eruption of the primary teeth leading to permanent teeth moving lingual to their primary predecessors. This will lead to anterior crossbite where upon biting, upper teeth are behind the lower front teeth and may involve few or all frontal incisors. In this type of crossbite, the maxillary and mandibular proportions are normal to each other and to the cranial base. Another reason that may lead to a dental crossbite is crowding in the maxillary arch. Permanent teeth will tend to erupt lingual to the primary teeth in presence of crowding. Side-effects caused by dental crossbite can be increased recession on the buccal of lower incisors and higher chance of inflammation in the same area. Another term for an anterior crossbite due to dental interferences is *Pseudo Class III Crossbite or Malocclusion*.

### **Single tooth crossbite**

[edit]

Single tooth crossbites can occur due to uneruption of a primary teeth in a timely manner which causes permanent tooth to erupt in a different eruption pattern which is lingual to the primary tooth.<sup>[3]</sup> Single tooth crossbites are often fixed by using a finger-spring based appliances.<sup>[4][5]</sup> This type of spring can be attached to a removable appliance which is used by patient every day to correct the tooth position.

## Skeletal crossbite

[edit]

An anterior crossbite due to skeletal reasons will involve a deficient maxilla and a more hyperplastic or overgrown mandible. People with this type of crossbite will have dental compensation which involves proclined maxillary incisors and retroclined mandibular incisors. A proper diagnosis can be made by having a person bite into their centric relation will show mandibular incisors ahead of the maxillary incisors, which will show the skeletal discrepancy between the two jaws.[<sup>6</sup>]

## Posterior crossbite

[edit]

Bjork defined posterior crossbite as a malocclusion where the buccal cusps of canine, premolar and molar of upper teeth occlude lingually to the buccal cusps of canine, premolar and molar of lower teeth.[<sup>7</sup>] Posterior crossbite is often correlated to a narrow maxilla and upper dental arch. A posterior crossbite can be unilateral, bilateral, single-tooth or entire segment crossbite. Posterior crossbite has been reported to occur between 7–23% of the population.[<sup>8</sup>][<sup>9</sup>] The most common type of posterior crossbite to occur is the unilateral crossbite which occurs in 80% to 97% of the posterior crossbite cases.[<sup>10</sup>][<sup>3</sup>] Posterior crossbites also occur most commonly in primary and mixed dentition. This type of crossbite usually presents with a *functional shift of the mandible towards the side of the crossbite*. Posterior crossbite can occur due to either skeletal, dental or functional abnormalities. One of the common reasons for development of posterior crossbite is the size difference between maxilla and mandible, where maxilla is smaller than mandible.[<sup>11</sup>] Posterior crossbite can result due to

- Upper Airway Obstruction where people with "adenoid faces" who have trouble breathing through their nose. They have an open bite malocclusion and present with development of posterior crossbite.[<sup>12</sup>]
- Prolong digit or suckling habits which can lead to constriction of maxilla posteriorly [<sup>13</sup>]
- Prolong pacifier use (beyond age 4)[<sup>13</sup>]

## Connections with TMD

[edit]

### Unilateral posterior crossbite

[edit]

Unilateral crossbite involves one side of the arch. The most common cause of unilateral crossbite is a narrow maxillary dental arch. This can happen due to habits such as digit sucking, prolonged use of pacifier or upper airway obstruction. Due to the discrepancy between the maxillary and mandibular arch, neuromuscular guidance of the mandible causes mandible to shift towards the side of the crossbite.<sup>[14]</sup> This is also known as Functional mandibular shift. This shift can become structural if left untreated for a long time during growth, leading to skeletal asymmetries. Unilateral crossbites can present with following features in a child

- Lower midline deviation<sup>[15]</sup> to the crossbite side
- Class 2 Subdivision relationships
- Temporomandibular disorders <sup>[16]</sup>

## Treatment

[edit]

A child with posterior crossbite should be treated immediately if the child shifts their mandible on closing, which is often seen in a unilateral crossbite as mentioned above. The best age to treat a child with crossbite is in their mixed dentition when their palatal sutures have not fused to each other. Palatal expansion allows more space in an arch to relieve crowding and correct posterior crossbite. The correction can include any type of palatal expanders that will expand the palate which resolves the narrow constriction of the maxilla.<sup>[9]</sup> There are several therapies that can be used to correct a posterior crossbite: braces, 'Z' spring or cantilever spring, quad helix, removable plates, clear aligner therapy, or a Delaire mask. The correct therapy should be decided by the orthodontist depending on the type and severity of the crossbite.

One of the keys in diagnosing the anterior crossbite due to skeletal vs dental causes is diagnosing a CR-CO shift in a patient. An adolescent presenting with anterior crossbite may be positioning their mandible forward into centric occlusion (CO) due to the dental interferences. Thus finding their occlusion in centric relation (CR) is key in diagnosis. For anterior crossbite, if their CO matches their CR then the patient truly has a skeletal component to their crossbite. If the CR shows a less severe class 3 malocclusion or teeth not in anterior crossbite, this may mean that their anterior crossbite results due to dental interferences.<sup>[17]</sup>

Goal to treat unilateral crossbites should definitely include removal of occlusal interferences and elimination of the functional shift. Treating posterior crossbites early may help prevent the occurrence of Temporomandibular joint pathology.<sup>[18]</sup>

Unilateral crossbites can also be diagnosed and treated properly by using a Deprogramming splint. This splint has flat occlusal surface which causes the muscles to deprogram themselves and establish new sensory engrams. When the splint is

removed, a proper centric relation bite can be diagnosed from the bite.[<sup>19</sup>]

## Self-correction

[edit]

Literature states that very few crossbites tend to self-correct which often justify the treatment approach of correcting these bites as early as possible.[<sup>9</sup>] Only 0–9% of crossbites self-correct. Lindner et al. reported that 50% of crossbites were corrected in 76 four-year-old children.[<sup>20</sup>]

## See also

[edit]

- List of palatal expanders
- Palatal expansion
- Malocclusion

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[edit]

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## External links

[edit]

### Classification

- **ICD-10:** K07.2 D
- **ICD-9-CM:** 524.27

- v
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- e

Orthodontics

### Diagnosis

- Bolton analysis
- Cephalometric analysis
- Cephalometry
- Dentition analysis
- Failure of eruption of teeth
- Little's Irregularity Index
- Malocclusion
- Scissor bite
- Standard anatomical position
- Tooth ankylosis
- Tongue thrust

## **Conditions**

- Overbite
- Overjet
- Open bite
- Crossbite
- Dental crowding
- Dental spacing
- Bimaxillary Protrusion
- Prognathism
- Retrognathism
- Maxillary hypoplasia
- Condylar hyperplasia
- Overeruption
- Mouth breathing
- Temporomandibular dysfunction
- ACCO appliance
- Archwire
- Activator appliance
- Braces
- Damon system
- Elastics
- Frankel appliance
- Invisalign
- Lingual arch
- Lip bumper
- Herbst Appliance
- List of orthodontic functional appliances

## **Appliances**

- List of palatal expanders
- Lingual braces
- Headgear
- Orthodontic technology
- Orthodontic spacer
- Palatal lift prosthesis
- Palatal expander
- Quad helix
- Retainer
- SureSmile
- Self-ligating braces
- Splint activator
- Twin Block Appliance

## **Procedures**

- Anchorage (orthodontics)
- Cantilever mechanics
- Fiberotomy
- Interproximal reduction
- Intrusion (orthodontics)
- Molar distalization
- SARPE
- Serial extraction

## **Materials**

- Beta-titanium
- Nickel titanium
- Stainless steel
- TiMolium
- Elgiloy
- Ceramic
- Composite
- Dental elastics

**Notable  
contributors**

- Edward Angle
- Spencer Atkinson
- Clifford Ballard
- Raymond Begg
- Hans Peter Bimler
- Samir Bishara
- Arne Björk
- Charles B. Bolton
- Holly Broadbent Sr.
- Allan G. Brodie
- Charles J. Burstone
- Peter Buschang
- Calvin Case
- Harold Chapman (Orthodontist)
- David Di Biase
- Jean Delaire
- Terry Dischinger
- William B. Downs
- John Nutting Farrar
- Rolf Frankel
- Sheldon Friel
- Thomas M. Graber
- Charles A. Hawley
- Reed Holdaway
- John Hooper (Orthodontist)
- Joseph Jarabak
- Harold Kesling
- Albert Ketcham
- Juri Kurol
- Craven Kurz
- Benno Lischer
- James A. McNamara
- Birte Melsen
- Robert Moyers
- Hayes Nance
- Ravindra Nanda
- George Northcroft
- Dean Harold Noyes
- Frederick Bogue Noyes
- Albin Oppenheim
- Herbert A. Pullen
- Earl W. Renfroe
- Robert M. Ricketts
- Alfred Paul Rogers
- Ronald Roth
- Everett Shapiro
- L. F. Andrews
- Frederick Lester Stanton

- American Association of Orthodontists
- American Board of Orthodontics
- British Orthodontic Society
- Organizations**
  - Canadian Association of Orthodontists
  - Indian Orthodontic Society
  - Italian Academy of Orthodontic Technology
  - Society for Orthodontic Dental Technology (Germany)
- Journals**
  - American Journal of Orthodontics and Dentofacial Orthopedics
  - The Angle Orthodontist
  - Journal of Orthodontics
- Institution**
  - Angle School of Orthodontia

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Dental disease involving the jaw

- General**
  - Jaw abnormality
  - malocclusion
  - Orthodontics
  - Gnathitis
- Size**
  - Micrognathism
  - Maxillary hypoplasia
  - Cherubism
- Maxilla and Mandible**
  - Congenital epulis
  - Torus mandibularis
  - Torus palatinus
  - Jaw and base of cranium
    - Prognathism
    - Retrognathism
- Other**
  - Dental arch
    - Crossbite
    - Overbite
  - Temporomandibular joint disorder

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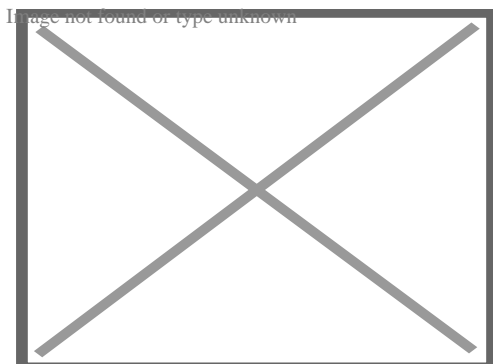
**About dental caries**

Redirect to:

- Tooth decay
- **From a page move:** This is a redirect from a page that has been moved (renamed). This page was kept as a redirect to avoid breaking links, both internal and external, that may have been made to the old page name.

## About orthodontics

### Orthodontics



Connecting the arch-wire on brackets with wire

	<b>Occupation</b>
<b>Names</b>	Orthodontist
<b>Occupation type</b>	Specialty
<b>Activity sectors</b>	Dentistry
	<b>Description</b>
<b>Education required</b>	Dental degree, specialty training
<b>Fields of employment</b>	Private practices, hospitals

**Orthodontics**<sup>[a]</sup><sup>[b]</sup> is a dentistry specialty that addresses the diagnosis, prevention, management, and correction of mal-positioned teeth and jaws, as well as misaligned bite patterns.<sup>[2]</sup> It may also address the modification of facial growth, known as **dentofacial orthopedics**.

Abnormal alignment of the teeth and jaws is very common. The approximate worldwide prevalence of malocclusion was as high as 56%.<sup>[3]</sup> However, conclusive scientific evidence for the health benefits of orthodontic treatment is lacking, although patients with completed treatment have reported a higher quality of life than that of untreated patients undergoing orthodontic treatment.<sup>[4]</sup><sup>[5]</sup> The main reason for the prevalence of these malocclusions is diets with less fresh fruit and vegetables and overall softer foods

in childhood, causing smaller jaws with less room for the teeth to erupt.<sup>[6]</sup> Treatment may require several months to a few years and entails using dental braces and other appliances to gradually adjust tooth position and jaw alignment. In cases where the malocclusion is severe, jaw surgery may be incorporated into the treatment plan. Treatment usually begins before a person reaches adulthood, insofar as pre-adult bones may be adjusted more easily before adulthood.

## History

[edit]

Though it was rare until the Industrial Revolution,<sup>[7]</sup> there is evidence of the issue of overcrowded, irregular, and protruding teeth afflicting individuals. Evidence from Greek and Etruscan materials suggests that attempts to treat this disorder date back to 1000 BC, showcasing primitive yet impressively well-crafted orthodontic appliances. In the 18th and 19th centuries, a range of devices for the "regulation" of teeth were described by various dentistry authors who occasionally put them into practice.<sup>[8]</sup> As a modern science, orthodontics dates back to the mid-1800s.<sup>[9]</sup> The field's influential contributors include Norman William Kingsley<sup>[9]</sup> (1829–1913) and Edward Angle<sup>[10]</sup> (1855–1930). Angle created the first basic system for classifying malocclusions, a system that remains in use today.<sup>[9]</sup>

Beginning in the mid-1800s, Norman Kingsley published *Oral Deformities*, which is now credited as one of the first works to begin systematically documenting orthodontics. Being a major presence in American dentistry during the latter half of the 19th century, not only was Kingsley one of the early users of extraoral force to correct protruding teeth, but he was also one of the pioneers for treating cleft palates and associated issues. During the era of orthodontics under Kingsley and his colleagues, the treatment was focused on straightening teeth and creating facial harmony. Ignoring occlusal relationships, it was typical to remove teeth for a variety of dental issues, such as malalignment or overcrowding. The concept of an intact dentition was not widely appreciated in those days, making bite correlations seem irrelevant.<sup>[8]</sup>

In the late 1800s, the concept of occlusion was essential for creating reliable prosthetic replacement teeth. This idea was further refined and ultimately applied in various ways when dealing with healthy dental structures as well. As these concepts of prosthetic occlusion progressed, it became an invaluable tool for dentistry.<sup>[8]</sup>

It was in 1890 that the work and impact of Dr. Edwards H. Angle began to be felt, with his contribution to modern orthodontics particularly noteworthy. Initially focused on prosthodontics, he taught in Pennsylvania and Minnesota before directing his attention towards dental occlusion and the treatments needed to maintain it as a normal condition, thus becoming known as the "father of modern orthodontics".<sup>[8]</sup>

By the beginning of the 20th century, orthodontics had become more than just the straightening of crooked teeth. The concept of ideal occlusion, as postulated by Angle and incorporated into a classification system, enabled a shift towards treating malocclusion, which is any deviation from normal occlusion.<sup>[8]</sup> Having a full set of teeth on both arches was highly sought after in orthodontic treatment due to the need for exact relationships between them. Extraction as an orthodontic procedure was heavily opposed by Angle and those who followed him. As occlusion became the key priority, facial proportions and aesthetics were neglected. To achieve ideal occlusals without using external forces, Angle postulated that having perfect occlusion was the best way to gain optimum facial aesthetics.<sup>[8]</sup>

With the passing of time, it became quite evident that even an exceptional occlusion was not suitable when considered from an aesthetic point of view. Not only were there issues related to aesthetics, but it usually proved impossible to keep a precise occlusal relationship achieved by forcing teeth together over extended durations with the use of robust elastics, something Angle and his students had previously suggested. Charles Tweed<sup>[11]</sup> in America and Raymond Begg<sup>[12]</sup> in Australia (who both studied under Angle) re-introduced dentistry extraction into orthodontics during the 1940s and 1950s so they could improve facial esthetics while also ensuring better stability concerning occlusal relationships.<sup>[13]</sup>

In the postwar period, cephalometric radiography<sup>[14]</sup> started to be used by orthodontists for measuring changes in tooth and jaw position caused by growth and treatment.<sup>[15]</sup> The x-rays showed that many Class II and III malocclusions were due to improper jaw relations as opposed to misaligned teeth. It became evident that orthodontic therapy could adjust mandibular development, leading to the formation of functional jaw orthopedics in Europe and extraoral force measures in the US. These days, both functional appliances and extraoral devices are applied around the globe with the aim of amending growth patterns and forms. Consequently, pursuing true, or at least improved, jaw relationships had become the main objective of treatment by the mid-20th century.<sup>[8]</sup>

At the beginning of the twentieth century, orthodontics was in need of an upgrade. The American Journal of Orthodontics was created for this purpose in 1915; before it, there were no scientific objectives to follow, nor any precise classification system and brackets that lacked features.<sup>[16]</sup>

Until the mid-1970s, braces were made by wrapping metal around each tooth.<sup>[9]</sup> With advancements in adhesives, it became possible to instead bond metal brackets to the teeth.<sup>[9]</sup>

In 1972, Lawrence F. Andrews gave an insightful definition of the ideal occlusion in permanent teeth. This has had meaningful effects on orthodontic treatments that are

administered regularly,<sup>[16]</sup> and these are: 1. Correct interarchal relationships 2. Correct crown angulation (tip) 3. Correct crown inclination (torque) 4. No rotations 5. Tight contact points 6. Flat Curve of Spee (0.0–2.5 mm),<sup>[17]</sup> and based on these principles, he discovered a treatment system called the straight-wire appliance system, or the pre-adjusted edgewise system. Introduced in 1976, Larry Andrews' pre-adjusted edgewise appliance, more commonly known as the straight wire appliance, has since revolutionized fixed orthodontic treatment. The advantage of the design lies in its bracket and archwire combination, which requires only minimal wire bending from the orthodontist or clinician. It's aptly named after this feature: the angle of the slot and thickness of the bracket base ultimately determine where each tooth is situated with little need for extra manipulation.<sup>[18][19][20]</sup>

Prior to the invention of a straight wire appliance, orthodontists were utilizing a non-programmed standard edgewise fixed appliance system, or Begg's pin and tube system. Both of these systems employed identical brackets for each tooth and necessitated the bending of an archwire in three planes for locating teeth in their desired positions, with these bends dictating ultimate placements.<sup>[18]</sup>

## **Evolution of the current orthodontic appliances**

[edit]

When it comes to orthodontic appliances, they are divided into two types: removable and fixed. Removable appliances can be taken on and off by the patient as required. On the other hand, fixed appliances cannot be taken off as they remain bonded to the teeth during treatment.

### **Fixed appliances**

[edit]

Fixed orthodontic appliances are predominantly derived from the edgewise appliance approach, which typically begins with round wires before transitioning to rectangular archwires for improving tooth alignment. These rectangular wires promote precision in the positioning of teeth following initial treatment. In contrast to the Begg appliance, which was based solely on round wires and auxiliary springs, the Tip-Edge system emerged in the early 21st century. This innovative technology allowed for the utilization of rectangular archwires to precisely control tooth movement during the finishing stages after initial treatment with round wires. Thus, almost all modern fixed appliances can be considered variations on this edgewise appliance system.

Early 20th-century orthodontist Edward Angle made a major contribution to the world of dentistry. He created four distinct appliance systems that have been used as the basis

for many orthodontic treatments today, barring a few exceptions. They are E-arch, pin and tube, ribbon arch, and edgewise systems.

## **E-arch**

[edit]

Edward H. Angle made a significant contribution to the dental field when he released the 7th edition of his book in 1907, which outlined his theories and detailed his technique. This approach was founded upon the iconic "E-Arch" or 'the-arch' shape as well as inter-maxillary elastics.<sup>[21]</sup> This device was different from any other appliance of its period as it featured a rigid framework to which teeth could be tied effectively in order to recreate an arch form that followed pre-defined dimensions.<sup>[22]</sup> Molars were fitted with braces, and a powerful labial archwire was positioned around the arch. The wire ended in a thread, and to move it forward, an adjustable nut was used, which allowed for an increase in circumference. By ligation, each individual tooth was attached to this expansive archwire.<sup>[8]</sup>

## **Pin and tube appliance**

[edit]

Due to its limited range of motion, Angle was unable to achieve precise tooth positioning with an E-arch. In order to bypass this issue, he started using bands on other teeth combined with a vertical tube for each individual tooth. These tubes held a soldered pin, which could be repositioned at each appointment in order to move them in place.<sup>[8]</sup> Dubbed the "bone-growing appliance", this contraption was theorized to encourage healthier bone growth due to its potential for transferring force directly to the roots.<sup>[23]</sup> However, implementing it proved troublesome in reality.

## **Ribbon arch**

[edit]

Realizing that the pin and tube appliance was not easy to control, Angle developed a better option, the ribbon arch, which was much simpler to use. Most of its components were already prepared by the manufacturer, so it was significantly easier to manage than before. In order to attach the ribbon arch, the occlusal area of the bracket was opened. Brackets were only added to eight incisors and mandibular canines, as it would be impossible to insert the arch into both horizontal molar tubes and the vertical

brackets of adjacent premolars. This lack of understanding posed a considerable challenge to dental professionals; they were unable to make corrections to an excessive Spee curve in bicuspid teeth.<sup>[24]</sup> Despite the complexity of the situation, it was necessary for practitioners to find a resolution. Unparalleled to its counterparts, what made the ribbon arch instantly popular was that its archwire had remarkable spring qualities and could be utilized to accurately align teeth that were misaligned. However, a major drawback of this device was its inability to effectively control root position since it did not have enough resilience to generate the torque movements required for setting roots in their new place.<sup>[8]</sup>

## **Edgewise appliance**

[edit]

In an effort to rectify the issues with the ribbon arch, Angle shifted the orientation of its slot from vertical, instead making it horizontal. In addition, he swapped out the wire and replaced it with a precious metal wire that was rotated by 90 degrees in relation—henceforth known as Edgewise.<sup>[25]</sup> Following extensive trials, it was concluded that dimensions of 22 × 28 mils were optimal for obtaining excellent control over crown and root positioning across all three planes of space.<sup>[26]</sup> After debuting in 1928, this appliance quickly became one of the mainstays for multibanded fixed therapy, although ribbon arches continued to be utilized for another decade or so beyond this point too.<sup>[8]</sup>

## **Labiolingual**

[edit]

Prior to Angle, the idea of fitting attachments on individual teeth had not been thought of, and in his lifetime, his concern for precisely positioning each tooth was not highly appraised. In addition to using fingersprings for repositioning teeth with a range of removable devices, two main appliance systems were very popular in the early part of the 20th century. Labiolingual appliances use bands on the first molars joined with heavy lingual and labial archwires affixed with soldered fingersprings to shift single teeth.

## **Twin wire**

[edit]

Utilizing bands around both incisors and molars, a twin-wire appliance was designed to provide alignment between these teeth. Constructed with two 10-mil steel archwires, its delicate features were safeguarded by lengthy tubes stretching from molars towards canines. Despite its efforts, it had limited capacity for movement without further modifications, rendering it obsolete in modern orthodontic practice.

## **Begg's Appliance**

[edit]

Returning to Australia in the 1920s, the renowned orthodontist, Raymond Begg, applied his knowledge of ribbon arch appliances, which he had learned from the Angle School. On top of this, Begg recognized that extracting teeth was sometimes vital for successful outcomes and sought to modify the ribbon arch appliance to provide more control when dealing with root positioning. In the late 1930s, Begg developed his adaptation of the appliance, which took three forms. Firstly, a high-strength 16-mil round stainless steel wire replaced the original precious metal ribbon arch. Secondly, he kept the same ribbon arch bracket but inverted it so that it pointed toward the gums instead of away from them. Lastly, auxiliary springs were added to control root movement. This resulted in what would come to be known as the Begg Appliance. With this design, friction was decreased since contact between wire and bracket was minimal, and binding was minimized due to tipping and uprighting being used for anchorage control, which lessened contact angles between wires and corners of the bracket.

## **Tip-Edge System**

[edit]

Begg's influence is still seen in modern appliances, such as Tip-Edge brackets. This type of bracket incorporates a rectangular slot cutaway on one side to allow for crown tipping with no incisal deflection of an archwire, allowing teeth to be tipped during space closure and then uprighted through auxiliary springs or even a rectangular wire for torque purposes in finishing. At the initial stages of treatment, small-diameter steel archwires should be used when working with Tip-Edge brackets.

## **Contemporary edgewise systems**

[edit]

Throughout time, there has been a shift in which appliances are favored by dentists. In particular, during the 1960s, when it was introduced, the Begg appliance gained wide popularity due to its efficiency compared to edgewise appliances of that era; it could

produce the same results with less investment on the dentist's part. Nevertheless, since then, there have been advances in technology and sophistication in edgewise appliances, which led to the opposite conclusion: nowadays, edgewise appliances are more efficient than the Begg appliance, thus explaining why it is commonly used.

### **Automatic rotational control**

[edit]

At the beginning, Angle attached eyelets to the edges of archwires so that they could be held with ligatures and help manage rotations. Now, however, no extra ligature is needed due to either twin brackets or single brackets that have added wings touching underneath the wire (Lewis or Lang brackets). Both types of brackets simplify the process of obtaining moments that control movements along a particular plane of space.

### **Alteration in bracket slot dimensions**

[edit]

In modern dentistry, two types of edgewise appliances exist: the 18- and 22-slot varieties. While these appliances are used differently, the introduction of a 20-slot device with more precise features has been considered but not pursued yet.<sup>[27]</sup>

### **Straight-wire bracket prescriptions**

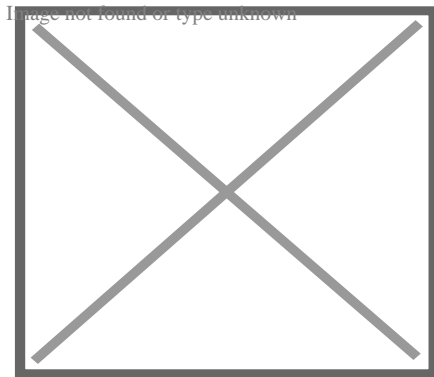
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Rather than rely on the same bracket for all teeth, L.F. Andrews found a way to make different brackets for each tooth in the 1980s, thanks to the increased convenience of bonding.<sup>[28]</sup> This adjustment enabled him to avoid having multiple bends in archwires that would have been needed to make up for variations in tooth anatomy. Ultimately, this led to what was termed a "straight-wire appliance" system – an edgewise appliance that greatly enhanced its efficiency.<sup>[29]</sup> The modern edgewise appliance has slightly different construction than the original one. Instead of relying on faciolingual bends to accommodate variations among teeth, each bracket has a correspondingly varying base thickness depending on the tooth it is intended for. However, due to individual differences between teeth, this does not completely eliminate the need for compensating bends.<sup>[30]</sup> Accurately placing the roots of many teeth requires angling brackets in relation to the long axis of the tooth. Traditionally, this mesiodistal root positioning necessitated using second-order, or tip, bends along the archwire. However, angling the bracket or bracket slot eliminates this need for bends.

Given the discrepancies in inclination of facial surfaces across individual teeth, placing a twist, otherwise known as third-order or torque bends, into segments of each rectangular archwire was initially required with the edgewise appliance. These bends were necessary for all patients and wires, not just to avoid any unintentional movement of suitably placed teeth or when moving roots facially or lingually. Angulation of either brackets or slots can minimize the need for second-order or tip bends on archwires. Contemporary edgewise appliances come with brackets designed to adjust for any facial inclinations, thereby eliminating or reducing any third-order bends. These brackets already have angulation and torque values built in so that each rectangular archwire can be contorted to form a custom fit without inadvertently shifting any correctly positioned teeth. Without bracket angulation and torque, second-order or tip bends would still be required on each patient's archwire.

## Methods

[edit]



Upper and lower jaw functional expanders

A typical treatment for incorrectly positioned teeth (malocclusion) takes from one to two years, with braces being adjusted every four to 10 weeks by orthodontists,<sup>[31]</sup> while university-trained dental specialists are versed in the prevention, diagnosis, and treatment of dental and facial irregularities. Orthodontists offer a wide range of treatment options to straighten crooked teeth, fix irregular bites, and align the jaws correctly.<sup>[32]</sup> There are many ways to adjust malocclusion. In growing patients, there are more options to treat skeletal discrepancies, either by promoting or restricting growth using functional appliances, orthodontic headgear, or a reverse pull facemask. Most orthodontic work begins in the early permanent dentition stage before skeletal growth is completed. If skeletal growth has completed, jaw surgery is an option. Sometimes teeth are extracted to aid the orthodontic treatment (teeth are extracted in about half of all the cases, most commonly the premolars).<sup>[33]</sup>

Orthodontic therapy may include the use of fixed or removable appliances. Most orthodontic therapy is delivered using appliances that are fixed in place,<sup>[34]</sup> for

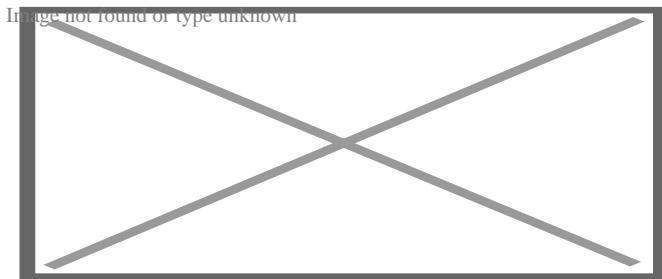
example, braces that are adhesively bonded to the teeth. Fixed appliances may provide greater mechanical control of the teeth; optimal treatment outcomes are improved by using fixed appliances.

Fixed appliances may be used, for example, to rotate teeth if they do not fit the arch shape of the other teeth in the mouth, to adjust multiple teeth to different places, to change the tooth angle of teeth, or to change the position of a tooth's root. This treatment course is not preferred where a patient has poor oral hygiene, as decalcification, tooth decay, or other complications may result. If a patient is unmotivated (insofar as treatment takes several months and requires commitment to oral hygiene), or if malocclusions are mild.

The biology of tooth movement and how advances in gene therapy and molecular biology technology may shape the future of orthodontic treatment.[<sup>35</sup>]

## Braces

[edit]



Dental braces

Braces are usually placed on the front side of the teeth, but they may also be placed on the side facing the tongue (called lingual braces). Brackets made out of stainless steel or porcelain are bonded to the center of the teeth using an adhesive. Wires are placed in a slot in the brackets, which allows for controlled movement in all three dimensions.

Apart from wires, forces can be applied using elastic bands,[<sup>36</sup>] and springs may be used to push teeth apart or to close a gap. Several teeth may be tied together with ligatures, and different kinds of hooks can be placed to allow for connecting an elastic band.[<sup>37</sup>][<sup>36</sup>]

Clear aligners are an alternative to braces, but insufficient evidence exists to determine their effectiveness.[<sup>38</sup>]

## Treatment duration

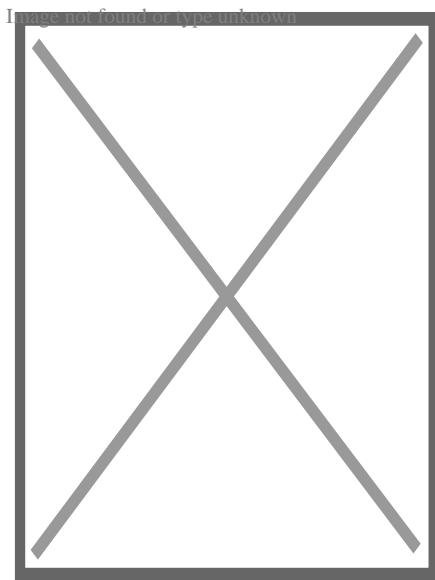
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The time required for braces varies from person to person as it depends on the severity of the problem, the amount of room available, the distance the teeth must travel, the health of the teeth, gums, and supporting bone, and how closely the patient follows instructions. On average, however, once the braces are put on, they usually remain in place for one to three years. After braces are removed, most patients will need to wear a retainer all the time for the first six months, then only during sleep for many years.<sup>[39]</sup>

## Headgear

[edit]

Orthodontic headgear, sometimes referred to as an "extra-oral appliance", is a treatment approach that requires the patient to have a device strapped onto their head to help correct malocclusion—typically used when the teeth do not align properly. Headgear is most often used along with braces or other orthodontic appliances. While braces correct the position of teeth, orthodontic headgear—which, as the name suggests, is worn on or strapped onto the patient's head—is most often added to orthodontic treatment to help alter the alignment of the jaw, although there are some situations in which such an appliance can help move teeth, particularly molars.



Full orthodontic headgear with headcap, fitting straps, facebow, and elastics

Whatever the purpose, orthodontic headgear works by exerting tension on the braces via hooks, a facebow, coils, elastic bands, metal orthodontic bands, and other attachable appliances directly into the patient's mouth. It is most effective for children and teenagers because their jaws are still developing and can be easily manipulated. (If an adult is fitted with headgear, it is usually to help correct the position of teeth that

have shifted after other teeth have been extracted.) Thus, headgear is typically used to treat a number of jaw alignment or bite problems, such as overbite and underbite.[<sup>40</sup>]

## **Palatal expansion**

[edit]

Palatal expansion can be best achieved using a fixed tissue-borne appliance. Removable appliances can push teeth outward but are less effective at maxillary sutural expansion. The effects of a removable expander may look the same as they push teeth outward, but they should not be confused with actually expanding the palate. Proper palate expansion can create more space for teeth as well as improve both oral and nasal airflow.[<sup>41</sup>]

## **Jaw surgery**

[edit]

Jaw surgery may be required to fix severe malocclusions.[<sup>42</sup>] The bone is broken during surgery and stabilized with titanium (or bioresorbable) plates and screws to allow for healing to take place.[<sup>43</sup>] After surgery, regular orthodontic treatment is used to move the teeth into their final position.[<sup>44</sup>]

## **During treatment**

[edit]

To reduce pain during the orthodontic treatment, low-level laser therapy (LLLT), vibratory devices, chewing adjuncts, brainwave music, or cognitive behavioral therapy can be used. However, the supporting evidence is of low quality, and the results are inconclusive.[<sup>45</sup>]

## **Post treatment**

[edit]

After orthodontic treatment has been completed, there is a tendency for teeth to return, or relapse, back to their pre-treatment positions. Over 50% of patients have some reversion to pre-treatment positions within 10 years following treatment.[<sup>46</sup>] To prevent relapse, the majority of patients will be offered a retainer once treatment has been completed and will benefit from wearing their retainers. Retainers can be either fixed or

removable.

## Removable retainers

[edit]

Removable retainers are made from clear plastic, and they are custom-fitted for the patient's mouth. It has a tight fit and holds all of the teeth in position. There are many types of brands for clear retainers, including Zendura Retainer, Essix Retainer, and Vivera Retainer.<sup>[47]</sup> A Hawley retainer is also a removable orthodontic appliance made from a combination of plastic and metal that is custom-molded to fit the patient's mouth. Removable retainers will be worn for different periods of time, depending on the patient's need to stabilize the dentition.<sup>[48]</sup>

## Fixed retainers

[edit]

Fixed retainers are a simple wire fixed to the tongue-facing part of the incisors using dental adhesive and can be specifically useful to prevent rotation in incisors. Other types of fixed retainers can include labial or lingual braces, with brackets fixed to the teeth.<sup>[48]</sup>

Palatal expander

○

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Palatal expander

## Orthodontic headgear

○

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## Orthodontic headgear An X-ray taken for skull analysis

○

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## An X-ray taken for skull analysis Top (left) and bottom retainers

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## Top (left) and bottom retainers

### **Clear aligners**

[edit]

Clear aligners are another form of orthodontics commonly used today, involving removable plastic trays. There has been controversy about the effectiveness of aligners such as Invisalign or Byte; some consider them to be faster and more freeing than the alternatives.<sup>[49]</sup>

## **Training**

[edit]

There are several specialty areas in dentistry, but the specialty of orthodontics was the first to be recognized within dentistry.<sup>[50]</sup> Specifically, the American Dental Association recognized orthodontics as a specialty in the 1950s.<sup>[50]</sup> Each country has its own system for training and registering orthodontic specialists.

## **Australia**

[edit]

In Australia, to obtain an accredited three-year full-time university degree in orthodontics, one will need to be a qualified dentist (complete an AHPRA-registered general dental degree) with a minimum of two years of clinical experience. There are several universities in Australia that offer orthodontic programs: the University of Adelaide, the University of Melbourne, the University of Sydney, the University of Queensland, the University of Western Australia, and the University of Otago.<sup>[51]</sup> Orthodontic courses are accredited by the Australian Dental Council and reviewed by the Australian Society of Orthodontists (ASO). Prospective applicants should obtain information from the relevant institution before applying for admission.<sup>[52]</sup> After completing a degree in orthodontics, specialists are required to be registered with the Australian Health Practitioner Regulation Agency (AHPRA) in order to practice.<sup>[53][54]</sup>

## **Bangladesh**

[edit]

Dhaka Dental College in Bangladesh is one of the many schools recognized by the Bangladesh Medical and Dental Council (BM&DC) that offer post-graduation orthodontic courses.<sup>[55][56]</sup> Before applying to any post-graduation training courses, an applicant must have completed the Bachelor of Dental Surgery (BDS) examination from any dental college.<sup>[55]</sup> After application, the applicant must take an admissions test held by the specific college.<sup>[55]</sup> If successful, selected candidates undergo training for six months.<sup>[57]</sup>

## Canada

[edit]

In Canada, obtaining a dental degree, such as a Doctor of Dental Surgery (DDS) or Doctor of Medical Dentistry (DMD), would be required before being accepted by a school for orthodontic training.<sup>[58]</sup> Currently, there are 10 schools in the country offering the orthodontic specialty.<sup>[58]</sup> Candidates should contact the individual school directly to obtain the most recent pre-requisites before entry.<sup>[58]</sup> The Canadian Dental Association expects orthodontists to complete at least two years of post-doctoral, specialty training in orthodontics in an accredited program after graduating from their dental degree.

## United States

[edit]

Similar to Canada, there are several colleges and universities in the United States that offer orthodontic programs. Every school has a different enrollment process, but every applicant is required to have graduated with a DDS or DMD from an accredited dental school.<sup>[59]</sup><sup>[60]</sup> Entrance into an accredited orthodontics program is extremely competitive and begins by passing a national or state licensing exam.<sup>[61]</sup>

The program generally lasts for two to three years, and by the final year, graduates are required to complete the written American Board of Orthodontics (ABO) exam.<sup>[61]</sup> This exam is also broken down into two components: a written exam and a clinical exam.<sup>[61]</sup> ] The written exam is a comprehensive exam that tests for the applicant's knowledge of basic sciences and clinical concepts.<sup>[61]</sup> The clinical exam, however, consists of a Board Case Oral Examination (BCOE), a Case Report Examination (CRE), and a Case Report Oral Examination (CROE).<sup>[61]</sup> Once certified, certification must then be renewed every ten years.<sup>[61]</sup> Orthodontic programs can award a Master of Science degree, a Doctor of Science degree, or a Doctor of Philosophy degree, depending on the school and individual research requirements.<sup>[62]</sup>

## United Kingdom

[edit]



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Throughout the United Kingdom, there are several Orthodontic Specialty Training Registrar posts available.<sup>[63]</sup> The program is full-time for three years, and upon completion, trainees graduate with a degree at the Masters or Doctorate level.<sup>[63]</sup> Training may take place within hospital departments that are linked to recognized dental schools.<sup>[63]</sup> Obtaining a Certificate of Completion of Specialty Training (CCST) allows an orthodontic specialist to be registered under the General Dental Council (GDC).<sup>[63]</sup> An orthodontic specialist can provide care within a primary care setting, but to work at a hospital as an orthodontic consultant, higher-level training is further required as a post-CCST trainee.<sup>[63]</sup> To work within a university setting as an academic consultant, completing research toward obtaining a Ph.D. is also required.<sup>[63]</sup>

## See also

[edit]

- Orthodontic technology
- Orthodontic indices
- List of orthodontic functional appliances
- Molar distalization
- Mouth breathing
- Obligate nasal breathing

## Notes

[edit]

- <sup>^</sup> Also referred to as *orthodontia*
- <sup>^</sup> "Orthodontics" comes from the Greek *orthos* ('correct, straight') and *-odont-* ('tooth').<sup>[1]</sup>

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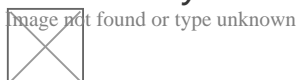
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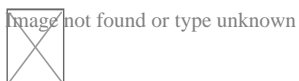
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## Orthodontics

### Diagnosis

- Bolton analysis
- Cephalometric analysis
- Cephalometry
- Dentition analysis
- Failure of eruption of teeth
- Little's Irregularity Index
- Malocclusion
- Scissor bite
- Standard anatomical position
- Tooth ankylosis
- Tongue thrust
- Overbite
- Overjet
- Open bite
- Crossbite
- Dental crowding
- Dental spacing

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- Retrognathism
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- Condylar hyperplasia
- Overeruption
- Mouth breathing
- Temporomandibular dysfunction

- ACCO appliance
  - Archwire
  - Activator appliance
  - Braces
  - Damon system
  - Elastics
  - Frankel appliance
  - Invisalign
  - Lingual arch
  - Lip bumper
  - Herbst Appliance
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  - List of palatal expanders
  - Lingual braces
  - Headgear
  - Orthodontic technology
  - Orthodontic spacer
  - Palatal lift prosthesis
  - Palatal expander
  - Quad helix
  - Retainer
  - SureSmile
  - Self-ligating braces
  - Splint activator
  - Twin Block Appliance
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  - Cantilever mechanics
  - Fiberotomy
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  - Molar distalization
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- Organizations**
  - American Association of Orthodontists
  - American Board of Orthodontics
  - British Orthodontic Society
  - Canadian Association of Orthodontists
  - Indian Orthodontic Society
  - Italian Academy of Orthodontic Technology
  - Society for Orthodontic Dental Technology (Germany)
  - American Journal of Orthodontics and Dentofacial Orthopedics
- Journals**
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  - Journal of Orthodontics
- Institution**
  - Angle School of Orthodontia

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### Dentistry

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  - Dental implantology
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  - Mouth assessment
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Cleft lip and cleft palate

**Related specialities**

- Advance practice nursing
- Audiology
- Dentistry
- Dietetics
- Genetics
- Oral and maxillofacial surgery
- Orthodontics
- Orthodontic technology
- Otolaryngology
- Pediatrics
- Pediatric dentistry
- Physician
- Plastic surgery
- Psychiatry
- Psychology
- Respiratory therapy
- Social work
- Speech and language therapy
- Hearing loss with craniofacial syndromes
- Pierre Robin syndrome
- Popliteal pterygium syndrome
- Van der Woude syndrome
- Cleft Lip and Palate Association
- Craniofacial Society of Great Britain and Ireland
- Interplast
- North Thames Regional Cleft Lip and Palate Service
- Operation Smile
- Overseas Plastic Surgery Appeal
- Shriners Hospitals for Children
- Smile Train
- Transforming Faces Worldwide
- Smile Angel Foundation (China)

**Related syndromes**

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